

## BLACK BELT

(by *Ashley Smith*)

What black belt means to me is having perseverance to stay in Taekwondo throughout the other belts and not quitting. Also, I think it means to have self control and not beat up a green belt when you're sparing because they are new to sparing! In addition, when you're doing your patterns you don't go fast and sloppy. Instead, you go hard and not really slow but a mild pace because it's not a race.

One of the traits I've used in life is Honesty. Recently, I used honesty when my teacher (Mrs.Koshgcar) asked me to announce out loud what my grade was on my grammar work book. Unfortunately, I had a bad grade. I was honest and didn't change the grade to a higher grade even though the teacher doesn't check it. She just believes you. That's how I use honesty outside taekwondo.

TAEKWONDO