

# ACTION MARTIAL ARTS

## Class Schedule

Effective – January 1, 2010

### Basic Student Classes: Two (2) Classes per week

Rank	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Tigers 4 and 5 yrs		4:00-4:30		4:00-4:30		
Tiny Tigers 3 and 4 yrs	11:30-12:00		11:30-12:00			
Open Noon Class	12:00-12:45		12:00-12:45			
Beginner Child	6:15-7:00	4:45-5:30	5:00-5:45	4:45-5:30	5:00-5:45	10:00-10:45
Family Class Beginner	7:15-8:00	7:00-7:45	5:00-5:45	7:00-7:45	5:00-5:45	

### Black Belt / Leadership Class Schedule: Up to six (6) classes per week

Rank	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginner Child Leadership	6:15-7:00	4:45-5:30	5:00-5:45	4:45-5:30	5:00-5:45	10:00-11:00
Intermediate Child Leadership	4:45-5:30	5:30-6:15	5:45-6:30	5:30-6:15	5:45-6:30	Sparring 11:00-12:00
Advanced Child Leadership	5:30-6:15	6:15-7:00	5:45-6:30	6:15-7:00	5:45-6:30	Sparring 11:00-12:00
Family Class Beginning Adults	7:15-8:00	7:00-7:45	5:00-5:45	7:00-7:45	5:00-5:45	★
Family Class Advanced Adults	7:15-8:15	7:45-8:30	5:45-6:30	7:45-8:30	5:45-6:30	Sparring 12:00-1:00
Grappling Class		8:30-9:15				1:00-2:30
Black Belt Child/Adults	★		6:30-7:15	★	6:30-7:15	
H.I.T. Class (Invitation Only)		★	7:15-9:00	★	7:15-9:00	

Action Martial Arts Academy • 2035 W McDermott Rd, Suite 450 • Allen, Texas 75013  
 Phone: (214) 383-3444 email: [info@amabba.com](mailto:info@amabba.com) web: [www.amablackbeltacademy.com](http://www.amablackbeltacademy.com)  
 Instructors: Master John Drew, 7<sup>th</sup> Degree Black Belt; Allison Drew, 5<sup>th</sup> Degree Black Belt